



FEDERAL WAY
SOCCER ASSOCIATION

PacFW – Rec In House



Introductory Coaches Meeting



Fall 2025



August 25th, 2025.

PLEASE FOLLOW...

* Make sure you are muted



* Please wait until the end for the Q&A

AGENDA

- CLUB LEADERSHIP
- PACFW – REC PROGRAM
- PLAYMETRICS & PRACTICES
- FAQs AND QUESTIONS



CLUB LEADERSHIP



US Soccer Structure

US Soccer Federation

State Control (Washington Youth Soccer)

League (In House)

Club (PacNW FW-Rec)

Team
BU6

Players

Team
GU8

Players

League (SSUL)

Club (PacNW FW-Rec)

Team
BU14

Players

Team GU
16

Players

Other Club

Team
BU14

Players

Team GU
16

Players



Gordo Millan



Coaching Experience

- ❖ PacNW ECNL - Present
- ❖ WA State EPD - Present
- ❖ Federal Way HS Varsity Coach - Present
- ❖ Bellevue College Assistant Coach 2019 - 2022
- ❖ XF Premier 2019 - 2021

Playing Experience

- ❖ Professional Soccer - Venezuela 2002 - 2014
- ❖ Venezuela National Team U13 - U20
- ❖ NPSL Seattle, WA - 2014 - 2018

Coaching License

- ❖ USSF National B License



PacFW Rec Admin Team

Gordo Millan – PacFW - Director gordo@pacnwsc.org

Nicole Holtman -
Registrar

FWRECREGISTRAR@PACNWSC.ORG

- Player Registration
- Team formation
- Volunteer coordinator
- Practice scheduler
- City of federal way contact for field issues. Text 253.241.9747

Chris Morrow -
Rec Manager

FWRECMANAGER@PACNWSC.ORG

- Game schedules
- U6-U12 uniforms

Dave Lanning

FWRECUNIFORMS@PACNWSC.ORG

- U13+ soccer.com uniform coordinator
- Gear distribution & collection



PacFW - Rec

Program Overview
and
Philosophy



OVERALL OBJECTIVES AT TRAINING

Trainings are active (no laps, lines or lectures)

Quality repetition over quantity

Being coachable

Problem-solving + Decision Making

Most importantly: FUN!



PRACTICE FIELDS

- ❖ Practices need to start/end ON TIME.
- ❖ If you need to speak with families/teams, please do this off the field.
- ❖ Teams must practice on the fields we have reserved.
- ❖ Please don't use the other field spaces, as we do not have them rented.
- ❖ Practice maps were emailed to all coaches & team staff.
- ❖ Any questions on your practice space, email Nicole at FWRECREGISTRAR@PACNWSC.ORG
- ❖ Practice maps will also be sent through Playmetrics so families know where their kids are practicing.
- ❖ Print a copy of our rental agreement to keep with you at practice. *Included in the email with practice maps.



HOME GAMES RESPONSIBILITIES

Home Team:

- ❖ Grass fields at Celebration Park will be lined.
 - ❖ Field will be mark with signs to indicated the fields numbers
 - ❖ Provide a proper game ball.
 - ❖ Bring pennies just in case the opposite team match the same color jersey for the game. (Home team needs to wear pennies)
- U6 – U8 Home Games at Celebration Park



GAMES LOADED TO PLAYMETRICS

U6 – U8 will have their schedule pre-loaded into playmetrics.

- ❖ Login to your coach/staff profile.
- ❖ Any scheduling conflict will need to be emailed at least 7 days prior to the game, directly with the Chris Morrow FWRECMANAGER@PACNWSC.ORG



USE YOUR PLAYMETRICS

- ❖ Need to cancel practice? OK! Send a note to your team with an explanation/reason.
- ❖ Need to **change** a practice?
(Combine with another team, scrimmage, etc.)
 - This needs to be done through Nicole.
 - Please allow 24/48 hours notice to make the change.
- ❖ The Help Center has lots of great Articles
<https://help.playmetrics.com/hc/en-us>



FAQs

○ Coaches package?

- Balls, cones, pinnies, and pug goals are available for all coaches.

○ Uniforms?

- U6 – U8 are provided by the club and will be distributed to coaches.
- Uniform will be handed out a week prior the first game.

○ Can I add players to my roster?

- No. Rec coaches are NOT available to request any players movement.
- Registration is **CLOSED** for the fall season. **NO EXCEPTION**




FAQs



Are training days mandatory?

- **Yes!** Players are expecting to train twice a week. If a last-minute situation comes up, please communicate accordingly with your families to ensure everyone is in the loop.

Can we find coverage if we can't avoid it?

- **Yes!** Reach out to the families on your team to see if anyone is interested in helping to cover, or to your fellow volunteer coaches in the program.
 - Reminder: anyone helping to cover **must** be RMA cleared!
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❖ WHAT IS RMA?

- Risk management application

- Washington Youth Soccer (WYS) and its affiliated member associations and clubs are required to annually have all adult and minor or organizational members complete **SAFESPORT, CONCUSSION AND SUDDEN CARDIAC ARREST CERTIFICATION, AND OBTAIN AN APPROVED NATIONAL BACKGROUND CHECK** through Washington Youth Soccer's registration platform (Sports Connect).

- Who do I go to with RMA questions?

- Nicole Holtman

Fwrecregistrar@pacnwsc.org






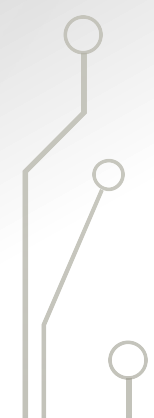
FAQs



❖ Who do I contact if a field has a repair/maintenance issue?

- Nicole Holtman via email.

❖ What do I do if there is a problem/issue on my team?

- Always attempt to repair with communication with the families.
 - If you need more troubleshooting or backup for additional conversations with families, then reach out to Gordo Millan via email.
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What to do if there is a Field Conflict?

- Show them the rental agreement from the city of Federal Way
- If it escalates, walk away and call 911.
 - After call 911, text or call Nicole Holtman & Gordo Millan. Later, send a detailed email to Nicole and Gordo.
- In the case of a game day field conflict, call Chris Morrow.





What is NEXT?

- Follow-up email from fwrecregistrar@pacnwsc.org
 - Copy of slides
 - Practice maps
 - Rental agreement
 - Contact info for PacFW admin
 - Curriculum and rules email from gordo@pacnwsc.org
 - Rules and curriculum for each age group.
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Q & A

